



Crisis Resources

You are not alone

EDUCATION | SUPPORT | ADVOCACY

24/7 Emergency Hotlines and Crisis Intervention

- Crisis Text Line - Text HOME to 741741
- Youth National Suicide Prevention Lifeline - (800) 273-8255
- El Dorado County CRISIS HOTLINE West Slope - (530) 622-3345
- RAINN National Sexual Assault Hotline – (800) 656-HOPE
- The Trevor Project:
 - Lifeline for LGBTQ+ (866) 488-7386
 - Text START to 678678

**Your safety is important.
If you are in immediate danger, call 911.**



**El Dorado Union High School District
Health Services**

www.eduhsd.k12.ca.us/Student-Success/Health-Services



Non-Emergency Resources

On-Site Support:

- Counseling Office
- Assistant Principal's Office
- Any Staff Member
- STOPit App: <https://appweb.stopitsolutions.com/login>

Community Support:

- Primary Care Physician
- El Dorado County Behavioral Health (530) 621-6130
- El Dorado County Public Health Community Hub (800) 844-4491
- Youth National Suicide Prevention Lifeline – www.suicidepreventionlifeline.org
- Crisis Text Line – www.crisistextline.org
- NAMI (National Alliance on Mental Illness) – www.namiel Dorado County.org/crisis-info

WE EDUCATE | EDUHSD ensures students and families receive the support and information they need.

WE SUPPORT | EDUHSD staff respond personally and provide assistance in navigation of Health Services.

WE ADVOCATE | EDUHSD provides leaders with the tools, resources, and skills necessary to assist individuals with mental health concerns.

